



UK Health
Security
Agency

Meningitis
now



Meningitis
Research
Foundation

Don't let another infectious disease spoil your time at university

Meningitis can be very serious if not treated quickly.
Know the signs and symptoms of meningitis
and septicaemia:

Fever and/or
vomiting



Severe
headache



Pale or
mottled skin,
or rash



Breathing
fast,
breathless



Limb, joint,
muscle pain,
stiff neck



Cold hands
and feet,
shivering



Dislike of
bright lights,
seizures
(fits)



Very sleepy,
difficult to
wake, vacant,
confused or
delirious



Find out more



Know the signs and symptoms
of meningitis and septicaemia
www.nhs.uk/conditions/meningitis/symptoms/



MenACWY vaccine
www.nhs.uk/conditions/vaccinations/men-acwy-vaccine/

Ask your GP or visit NHS.UK to find
out about MenACWY vaccine:

[nhs.uk/conditions/vaccinations/
men-acwy-vaccine](http://nhs.uk/conditions/vaccinations/men-acwy-vaccine)