



UK Health
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Agency

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Akwankyerɛ a ɛfa 2024 spring COVID-19 panɛɛ dawurubɔ ho

Nnipa a wɔadi bro mfɛɛ 75 ne akyi a wɔwɔ afie a wɔhwɛ nkorɔfoɔ wɔanyininyini wom, wɔn a wɔadi mfɛɛ 5 ne akyi a wɔka klenikaa risk kuo ne apomuden ne nipayiedie adwumayɛfoɔ na wɔbɛwɔ wɔn coronavirus busta (COVID-19) panɛɛ no spring wei.

Hwan na wɔbɛwɔ panɛɛ no bi spring wei mu?

COVID-19 ano yɛ den nnipa wɔanyininyini ne nnipa wɔwɔ yareɛ pɔtee bi. Esiane weinom nti, nnipa a wɔadi bro mfɛɛ 75 ne akyi a wɔwɔ afie a wɔhwɛ nkorɔfoɔ wɔanyininyini wom, wɔn a wɔadi abosome 6 ne akyi a wɔka klenikaa risk kuo ne apomuden ne nipayiedie adwumayɛfoɔ na wɔbɛwɔ awo spring coronavirus (COVID-19) panɛɛ no bi.

Berɛ a wɔde bɛwɔ spring panɛɛ no

Wo nsa betumi aka apɔintmentɛ wɔ Oforisuo ne Ayɛwɔhunumumɔ mu na ɛyɛ wɔn a ɛyɛ wɔn a ɛbɛka wɔn pa ara no na ɛyɛbfrɛ wɔn. Yɛbeto nsa afre wo ama wɔbɛwɔ wo busta no wɔ abosome bɛyɛ 6 ntam wɔ deɛ etwa too o ntam, nanso wo nsa betumi aka no bɛyɛ ntem so bɛyɛ abosome 3 mu.

Sɛ wɔreyɛ adi mfɛɛ 75 wɔ Oforisuo ne Ayɛwɔhunumumɔ mu a, ɛnɛ sɛ wɔtwen kɔsi w'awoda, sɛ yɛfrɛ wo sɛ bɛwɔ wo panɛɛ no a wɔbetumi akowo.

Panee ben na wode bewo wo?

Yebema wo busta aduro a eye Pfizer anaase Moderna a wagyete atom wo UK. Yeyee saa nnuro yi mu nsesaee wo dee edii kan baaee no ho na ede COVID-19 foforo na asi n'ani so. Saa adur yi mu nsesaee no bo ban yie, na ebo ban kotia COVID-19(Omicron) a ewo ho nansa yi no.

Yenntumi nkyere COVID-19 koro a ebeba saa spring ne samma wei, Joint Committee on Vaccination and Immunisation (JCVI) ada no adi se aduro a wode dii dwuma wo nnawotwe a etwa too wo otum 2023 mu no yentumi mfa nni dwuma.

Yesre wo aduro a wode bema wo no ntem so ara – wo nsa beka aduro a eye wo bere pa.



Hwan na onntumi nwo spring aduro no

Nnipa kakraa bi na wonntumi mfa aduro no spring wei. Se wodii kan woo dee edi kan no ene wo ho annye a ene wo dokota nsusu wei ho.

Eho nsunsuansoo

Eho nsunsuansoo a eho nnye nna:

Te se kane aduro no, COVID-19 nnuro nyinaa ho nsunsuansoo ye pe, dee eka ho ye nnuro a yede bedi dwuma wo spring wei mu a dee eka ho bi ye:

- te yea, bete yea wo wo nsa ho wo baabi a wowoo panee no – wei see koraa wo eda 1 kosi nnafua 2 wo paneewo no akyi.
- te bre nka
- tipaee
- honam yea anaase papu atenka ho nsenkyerenne

Wobetumi agye w'ahome na wafa parasetamoo (di akwanlyere ewo adaka no mu no) na aboa wo ama wo ho ato wo.

Se wofa aduro no eho nsunsuansoo no nni mmoro nnawotwe. Se eho nsunsuansoo no reye aye kesee anaase eha wo a, wobetumi afre NHS 111 anaase se eye teese/foon a 18001 111.

Wobetumi nso afa Yellow Card scheme no nso abo eho nsunsuansoo no ho amannee.

Ɛho nsunsuansoo a ɛye hu: Nsɛm a ɛfa koma aye kɛsɛ ho (a yɛfrɛ no myocarditis anaasɛ pericarditis) a wontaa mmo ho amanneɛ wo Pfizer ne Moderna COVID-19 paneɛwo akyi. Saa nsɛm yi wo mmarima a wonnyiniɛ mu wo nnafua pii wo paneɛwo akyi. Nnipa ɛka won no ho to won ntɛm wo ahomegyɛ ne ayaresa kakra akyi. Ɛsɛ sɛ woko pɛ ayaresa ntɛm so ara, wo paneɛwo no akyi, sɛ wote nka:)

- Koko yea
- Home a ɛnsisi so
- Wote nka sɛ wohome ntɛntɛm, koma a ɛbo ntɛntɛm anaasɛ koma a ɛbo

Sɛ wodii kan wo bi no ɛne wo ho annye a, yɛbetumi ama wo afutuo sɛ nnwo bio anaasɛ twɛntwɛn paneɛwo no so. Wone wo dɔkota anaasɛ nimdefoo no nsusu wei ho. Hwɛ krataa no akyi na wobɛhunu sɛdɛ wobɛbo ɛho nsunsuansoo no ho amanneɛ.

Sɛ ɛda a wobɛka w'apɔintmɛntɛ no sɛ wonte apɔ deɛ na wobɛtumi aye?

Sɛ woonte apɔ a, twɛn kosi sɛ wo beto wo ansa na woawo wo paneɛ no. Sɛ woanya fiva na ɛbetumi asae afɔforɔ a ɛnsɛ sɛ woko w'apɔintmɛntɛ no.



Sɛ wowo aduro no a wobɛtumi anya COVID-19?

COVID-19 aduro no a wobɛwo no betumi anya sɛ wonya COVID-19 yareɛ no bi a ɛbetumi aka wo ɛkɛsɛ no so wo saa spring ne samma wei mu. Ɛbedi nnafua pii ansa na wo nipadua no atumi anya ahoodɛn afiri aduro no mu. Tɛ sɛ nnuro nyinaa no, aduro biara nni ɛye adwuma pɛpɛpɛ. Ebinom betumi anya COVID-19 no mpo a wowo paneɛ no a, nanso yareɛ no ano ntumi nnye kɛsɛ pii.

Sɛ wonnya nwɔ wo mpaneɛ no nyinaa a

Sɛ wonnya nwɔ paneɛ no 2 a edi kan no (anaasɛ deɛ ɛto so mmiɛnsa ɛma imun sistɛm ahoodɛn wo fam) ɛsɛ sɛ wowo wo ntoabo bɛɛ no mu. Sɛ wofata sɛ wo nsa ɛka na woanwo busta deɛ edi kan no a, ɛsɛ sɛ wowo bi wo saa spring wei mu. Nipa bebree no ara nhia doosu no bi ka ho wo deɛ wɔahwere no anan mu. Sɛ wo imiiu sistɛm no wo fam a wo dɔkota no bɛka akyerɛ wo sɛ sɛ wo doosu a ɛto so mmiɛnsa wo abosome mmiɛnsa akyi wo bɛɛ a wɔawo sprig paneɛ no.

Ɛsɛ sɛ metwɛn wo me paneɛwo no akyi?

Sɛ wo ho mpɛ biribi, anaasɛ sɛ wowo bi no ɛne wo ho annye a, wobɛka akyerɛ wo ama woatwɛn simma 15 wo paneɛwo no akyi. Yɛsrɛ hwɛ sɛ wobɛka akyerɛ deɛ owo paneɛ no.

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