



UK Health
Security
Agency



Sɛdɛɛ wobɛbɔ wo ba ho ban afiri **RSV** ho

Akwani a ɛfa Respiratory
Syncytial Virus (RSV) aduro
ɛma mmaa apemfoɔ



Mmaa apemfoɔ nsa beka aduro no bi a wonntua hwee berɛ a ɔnyem,
sɛdɛɛ ɛbɛbɔ ne ba no ho ban afiri Respiratory Syncytial Virus (RSV) ho.

Aden nti na ɛsɛ sɛ wobɔ wo ba no ho ban firi RSV ho?

Respiratory syncytial virus anaase RSV yɛ yareɛ a ɛnye nna a ɛbetumi akofa ahrawa mu yareɛ a yefrɛ no bronchiolitis aba. Mmɔfra nkumaa a wonya saa yareɛ wei no, ɛyɛ den sɛ wobɛhome na wɔadidi. Wobetumi asoɔ weinom bebreɛ so wɔ fie nanso mmɔfra bɛyɛ 20,000 na wɔgye won to ayaresabea wɔ England esiane bronchiolitis nti. Mmɔfra a wonya bronchiolitis a ano yɛ den no bɛhia ɔhwɛ a emu yɛ den na yareɛ no betumi aye hu. RSV betumi aye den wɔ mmɔfra nkumaa mu, won a won berɛ anso a wɔwoo won, ne won a won yareɛ no betumi aka won koma,homeɛ anaase imiiu sistem. RSV yareɛ no betumi aba abere biara wɔ afe no mu nanso winta mu pa ara na ɛko soro.

Kwan bɛn so na RSV ɛtrɛ?

RSV yɛ yareɛ etumi trɛ pa ara, ne titire wɔ mmɔfra mu, denam ɛwabo ne nwansini so. Nneema nketenkete te sɛ nsa hohoro ne nsa yede kata ano ne hwene berɛ a worenwasini, ɛyɛ den sɛ wobɛtɔi asi yareɛ no trɛ a ɛbetumi atre wɔ abusua mu no ano. Okwan papa a wobetumi abɔ wo ba ho ban afiri RSV yareɛ ho ne sɛ wobɛfa aduro no berɛ a wonyem.

Sɛn na RSV aduro no si yɛ adwuma fa?

Aduro no ma wo imiiu sistem no nya ahodɔden pii de yɛ nneɛma a ɛtumi kotia (antibɔdisi) yaremmowa no. Saa antibɔdisi no fa awodeɛ no mu boa bɔ abɔfra no ho ban firi ɛda yebewɔ no. RSV aduro no boa te hu a bronchiolitis ɛyɛ no so 70% wɔ abosome 6 a edi kan mu no. Saa berɛ yi akyi no sɛdɛɛ woba no nya RSV a ɛbetumi aye hu no ɛso te kakra. Mmɔfra mpanimfo ne mpanimfo mnsɔ betumi anya RSV yareɛ no bi, nanso yareɛ no ano yɛ den wɔ mmɔfra nkumaa ne nnipa a wonya mfeɛ 75 ne akyi mu.

Berɛ bɛn na ɛsɛ sɛ me nsa aka aduro no?

Ɛsɛ sɛ wo nsa ɛka wɔ nnawɔtwe 28 wɔ wo antenetaa nsrahwe berɛ no mu. Saa wontee hwee saa berɛ yi a, wo ne asoɛ ɛhwɛ mmaa apemfoɔ 'mateniti' anaase GP praktese nni nkitaho na moonye ho nhɛyɛhɛɛ. Aduro no a wo nsa beka no saa nnawɔtwe 28 no mu anaase nnawɔtwe kakra wɔ wei mu no beboa wɔatumi anya anibɔdisi na wode bi nso ama wo ba no ansa na woawo no. Wei bɛma woba wo ba no ahobanmmɔ mapa, a dɛɛ ɛka ho bi yɛ sɛ wobɛwo no ntem mpo no.

Wobetumi afa aduro no akyire wɔ nyinsɛn berɛ no mu nanso ɛntumi nnye adwuma yie saa. Sɛ ɛntumi nnye yie sɛ wobɛfa aduro no ntem a, wo nsa betumi aka kɔsi berɛ a wobɛwo abɔfra no. Sɛ wo nsa ka no nyinsɛn berɛ no mu akyire yi, ɛbetumi ako so ara abɔ wo ho ban afiri yareɛ no ho na ate sae a yareɛ no betumi asae abɔfra foforo no so.

Mɛnya ɛho nsunsuansoɔ?

Wobetumi anya ɛkuro,baabi a wɔwɔɔ ho panɛɛ no bɛyɛ kɔɔ anaase bɛhono da baako anaase nna mmienue wɔ panneɛwɔ no akyi. Wo ti betumi apae wo anaas apɔso yea a bedi da 1 anaase nnafua 2.

Mpanimfo mu no, nɛɛvɔs sistem yareɛ ɛkɔfa mpommɛ ba yefrɛ no Guillain-Barré syndrome na amanneɛbɔ kyere sɛ **ntaa nsi koraa** wɔ panneɛwɔ akyi. Yareɛ a ɛtete saa tumi si wɔ yareɛ ahodɔɔ ne nnuro ahodɔɔ mu nanso sɛ yede biribi toto ho a ɛyɛ sɛ wowbewɔ aduro no sene sɛ wobɛnya RSV yareɛ no na ano aye den. Yareɛ no ntaa nye won a wonyiniɛ na adanseɛ biara nni ho a ɛkyere sɛ RSV aduro no ma nya a mmaa apemfoɔ betumi anya Guillain-Barré yareɛ no bi no yɛ kɛsɛɛ.

RSV aduro no a mewo wo nyinsɛn berɛ mu no yɛ ma mɛ ba no?

Wɔasua aduro no ho adeɛ wo klenekaa nsrahwɛ wo mmaa 4,000 na yɛdɛ ama mmaa mpɛmpɛm bebrɛ wo ɔman mu no dwumadie mu. Wo USA no, wɔdɛ ama mmaa beboro 300,000, na ɛda adi sɛ ebɔ ban yie. Wo klenekaa schwɛ no mu no, wo panɛɛwo no mu bosome akyi no, mmɔfra a wɔn berɛ anso a wɔwoo wɔn no kɔɔ soro kara wo aduro kuo no mu (2.1%) sene kuo a wɔamma wɔn aduro no bi (1.9%). Nsonsonoeɛ no betumi ayɛ sɛ ɛbetumi ayɛ sɛ eyɛ akwannya. UK, Europe ne USA aduro ho mpanimfoɔ agyɛ aduro no atom sɛ ebɛɔ ban, na eyɛ papa na banmmɔ wom.

Aduro no a wobɛwo no kyere sɛ wonnya RSV?

Aduro no ada no adi sɛ etumi tɛ amane a w'abɔfra no betumi ahu wo RSV yareɛ no mu. Tɛ sɛ nnuro nyinaa no, aduro biara nni ho a eyɛ adwuma kɔsi na mmɔfra bebrɛ besane anya RSV yareɛ no bi ɛmfa ho sɛ maame no bɛwo panɛɛ. Nanso, mmɔfra bebrɛ no a wɔn maame awo panɛɛ no, ɛsɛ sɛ RSV yareɛ no ano nnye den.

Wobetumi akenkan ɔyɛfoɔ ho nsem krataawa ɛma RSV aduro a yɛfrɛ no Abrysvo wo ha: www.medicines.org.uk/emc/product/15309/pil

Na sɛ ɛbetumi aha abɔfra no ɛ?

Mmɔfra no bi betumi anya RSV a eyɛ hu, tɛ sɛ wɔn a wɔn berɛ anso a wɔwoo wɔn, wɔn a wɔwo koma yareɛ kɛsɛɛ anaasɛ wɔn a wɔn imiiu sistem no ahɔɔden wo fam no yɛbetumi awo wɔn anibɔdi panɛɛ Saa panɛɛ wei de banmmɔ beka anitibɔdis biara wɔn nsa betumi aka afiri wɔn maame ho no ho.

Ɛsɛ sɛ mewo RSV panɛɛwo nyinsɛn biara mu?

Aane, ɛsɛ sɛ wɔwo bi wo nyinsɛn biara mu na aboa ama wo ba toforo banmmɔ a edi mu.

Metumi afa mɛ nnuruo a mɛfa no nyinsɛn berɛ mu berɛ kɔ no ara a mɛfa RSV adur no?

Ɛho hia sɛ wofa wo nduro no wo berɛ ano wo berɛ a woanyinsɛn:

- ɛwa aduro a wɔtaa de ma wo ntɛm wo nyinsɛm (bɛyɛ nyinsɛn sekan no mfimfini, mpɛm pii nnawɔtwe 20)
- ɛsɛ sɛ wo nsa ka wo RSV aduro no berɛ a woadi nnawɔtwe 28
- Papu aduro no wobetumi afa wo nyinsɛn berɛ no mu abere biara. Ɛsɛ sɛ wo fa no ntɛm so berɛ a wo na besɔ so no

Sɛ wɔfrɛ sɛ bɛwo wo RSV aduro no, na sɛ wo nnya mfaa wo wa aduro no anaasɛ papu nnuro no, ɛnnɛɛ ɛsɛ sɛ wofa ne nyinaa abere no ara no mu.

Ɛhe na metumi anya ɛho nsem pii?

Wobetumi ne wo midwife anaa GP praktese adi nkitaho na wobetumi akenkan saa krataa wei ho nsem wo ɔnlaan so wo ha:

www.gov.uk/government/publications/respiratory-syncytial-virus-rsv-maternal-vaccination

www.nhs.uk/pregnancy/keeping-well/vaccinations

Sɛ wope nnuro no ho nsem pii a wɔdɛ bɛma wo berɛ woanyinsɛn no a wobɛhunu no wo:

www.gov.uk/government/publications/pregnancy-how-to-help-protect-you-and-your-baby

Me ba no betumi anya RSV bronchiolitis?

RSV bronchiolitis no nsenkyerenne no bi ne:

- hwenem nsuo anaase emu asie
- home a ohome a obre, home ntentem anaase dede (nwasini)
- didi a oredidi a obre wo ho
- ewa
- Fiva
- ahoyera anaase basaaye
- Bere anaase mmerɛye

RSV betumi akɔfa yaree forofɔ a ewɔ wo mma nketewa mu aba te se baaken wa (croup) ne aso no mu a wobete yea (otitis miidia)



Wobetumi abo
ɛho nsunsuansoo
no ho amannee
wo Yellow Card
websaet no
anaase denam frɛ

a wobefrɛ foon a wontua hwee no
so wo 0800 731 6789 (anaɔpa nnɔn
9 kɔsi to anwwummmɛ 5 Dwoada
kɔsi Fiada)

www.mhra.gov.uk/yellowcard

Hwehwɛ GP nhyehyɛɛ a ɛgye ntɛmpɛ anaase frɛ 111 sɛ:

- Ka berɛ wo ba no anya koodu na ano reye den
- Ka berɛ a wo ma no nnidi anaase nni yie te se kane no
- Se wo ba no ho ye weseɛ nnɔnhwere 12 anaase deɛ ɛboro saa, anaase nsenkyerenne a ɛkyerɛ se ne ho nsuo nyina awe
- Wo ba no nnii abosome 3 na se ne ho hyee no ye 38°C, anaase oboro abosome 3 na se ne ho hyee no ye 39°C anaase ɛboro saa a

Frɛ 999 anaase kɔ A&E sɛ:

Se wo ba no ho mfa no koraa, fa w'atempa ye adwuma. Ɛsɛ se wotu anammɔn:

- Se wo ba no rebrɛ wo home ho – wo bebunu se ne koko reye dede anaase n'afu ahye annase ne mfe ayere
- Wei nom gyina berɛ a wo ba no home
- Wo ba no honam, ketɛma anaase ano ye bluu
- Wo ba no ye basaa na ɔnsɔre anaase nna

