



UK Health
Security
Agency

NHS



Protecting you from mpox

Information on the mpox vaccination

Large print version

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This leaflet is from the UK Health Security Agency and NHS

What is the mpox (MVA) vaccination?

You are being offered a vaccination to help protect you against mpox. MVA vaccine helps prevent or reduce the severity of mpox (and smallpox) infection.

The vaccine is manufactured in Europe by Bavarian Nordic¹. When you are given the vaccine, your immune system (the body's natural defence system) produces antibodies against the mpox virus.

The MVA vaccine does not contain smallpox or mpox virus and cannot spread or cause smallpox or mpox.

Imvanex vaccine has been authorised by the UK's Medicines and Healthcare products Regulatory Agency (MHRA) to protect against smallpox and mpox.

The UK Health Security Agency (UKHSA) and the Joint Committee on Vaccination and Immunisation (JCVI) recommends the use of MVA vaccine as part of the response to cases of mpox.

Mpox, (previously known as monkeypox), is a serious infectious disease that can present itself in the form of painful skin lesions, these can appear on any part of the body.

The following images show what mpox can look like:



If you think you have any of these symptoms you may like to seek support from someone you trust to help identify if you have mpox or talk to your GP.

What is mpox?

Mpox is a rare infection most commonly found in central and east Africa. The infection can be caught from:

- any close physical contact with mpox blisters or scabs (including during sexual contact, kissing, cuddling or holding hands);
- touching clothing, bedding or towels used by someone with mpox;
- contact with bodily fluids such as saliva, snot or mucous.

Mpox is usually mild and can get better within a few weeks without treatment. But if your symptoms are more severe and you become unwell, you will need treatment in hospital.

Who is MVA recommended for?

UKHSA currently recommends that MVA is offered to:

- **Healthcare workers who are caring for and who are due to start caring for a patient with confirmed mpox**
- **Gay, bisexual and other men who have sex with men.** Your clinician will advise vaccination for you if you have multiple partners, participate in group sex or attend 'sex on premises' venues
- **People who have already had close contact with a patient with confirmed mpox.** Vaccination with a single dose of vaccine should be offered as soon as possible (ideally within 4 days but sometimes up to 14 days)
- **People who are members of a group or attend a setting where there is a case or cluster, or where some of the members have had close contact with a case.**

Does the vaccine work?

Two doses of vaccine have been shown to give a high level of protection against mpox. Protection is also very good after the first dose, but a second dose is sometimes advised for long term protection.

The vaccine may not completely prevent infection but even if you catch mpox, the symptoms should not be as bad.

The first dose prepares your immune system so it can respond much more quickly if you come into contact with mpox.

The vaccine also takes time to work. It might start to work after a few days and should reach the highest protection by about 4 weeks.

The second dose can be given after 28 days but can be given much later, even after a few months. A longer time between the first and second doses should improve your long term protection.

Even after 2 doses you should continue to be aware of the risks and symptoms of mpox. If you develop symptoms, stay at home and contact 111 or a sexual health clinic.

You can contact NHS111 online at **111.nhs.uk**, by **NHS 111 British Sign Language (BSL) interpreter service** via **www.nhs.uk/111** or by text relay on **18001 111**.

Does the vaccine cause any side effects?

The vaccine has a very good safety profile. Like all medicines and vaccines it can cause side effects, but most of these are mild and short-lived and not everyone gets them. Unlike the old smallpox vaccine, vaccination does not leave a scar.

Side effects may be more common in people who have previously received a dose of live smallpox vaccine. These people only need a single dose of MVA to boost their existing protection.

Common side effects include pain and itching at the injection site and headache, muscle ache, sickness and tiredness. About 1 in 10 people will have chills and fever, but these should not last more than a few days.

If you experience any of the side effects listed above, you should rest and you can take the correct dose of paracetamol to help relieve the symptoms.

If you already have atopic dermatitis (a form of eczema), you may experience more intense local skin reactions (such as redness, swelling and itching) and other general symptoms (such as headache, muscle pain, feeling sick or tired), as well as a flare-up or worsening of your skin condition.

Is there anyone who cannot receive MVA vaccine?

The only people who cannot receive the vaccine are those who suffered a sudden life-threatening allergic reaction to a previous dose of the vaccine, or any ingredient of vaccine before. The vaccine contains trace amounts of chicken protein, benzonase and gentamicin and ciprofloxacin (antibiotics).

Who may be better to delay vaccination?

If you are ill with a high temperature you may need to be assessed to determine if you are displaying early signs of mpox. If your illness is not related to mpox, you may still be offered the vaccine. The presence of a minor infection, such as a cold, should not require postponement of the vaccination, but talk to your doctor or nurse first.

Who else needs to take special care?

You should tell the doctor or nurse if you have received smallpox vaccination in the past or if you have atopic dermatitis, as the risk of side effects from the MVA vaccine may be higher.

If you are HIV positive or have any other condition or treatment leading to a weakened immune system, the vaccine may not protect you as well. Let your doctor or nurse know.

What about the other medicines I am taking?

Tell your doctor or nurse if you are taking or have recently taken any other medicines or if you have recently received any other vaccine. In most cases, you should be fine to have the vaccine.

The vaccine can be safely given to people who are living with HIV infection, those who are taking PreP and at the same time as other important vaccines including those against HPV and hepatitis A and hepatitis B viruses.

How is MVA given?

There are two methods used to give the MVA injection, preferably into the upper arm. One method injects below the skin or into the muscle (similar to most other vaccines), the other one injects into the skin, like the BCG vaccine against TB. Both methods are highly effective.

Driving and using machines: There is no reason to believe that the vaccine would affect your ability to drive or use machines. Fainting after vaccination is quite common, so you should wait for 15 minutes after the jab before you drive.

Mpox vaccination record

Record your mpox vaccination date(s) to ensure that you don't miss out on protection.

Make a note of the date when you have your first vaccine dose of Mpox (MVA-BN).

Make a note of the date of when you have your second Mpox vaccine dose which should be at least 28 days after the first dose.

Remember, to be protected you need to complete the full course of the vaccine.

You can make a note of these dates here:

Mpox (MVA-BN) Vaccine dose	Date
Dose 1	
Dose 2 At least 28 day after the first dose	

What do I do now?

Please ask your clinic nurse or doctor for more details.
The vaccine is available in SHSs.

For more information about mpox and where to find a vaccination site visit: [**qrco.de/mpoxap**](https://qrco.de/mpoxap)

Serious side effects

Some other conditions have been more rarely reported in people who received the vaccine. In the spirit of openness, the vaccine product insert mentions all these conditions – even those reported from single cases – but this does not mean that the vaccine was responsible. If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet.

By reporting side effects you can help provide more information on the safety of this vaccine.

Please report any suspected side effects directly via the Yellow Card Scheme at the website **yellowcard.mhra.gov.uk**, by downloading the Yellow Card app or by calling the Yellow Card scheme on **0800 731 6789** (lines open 9am to 5pm Monday to Friday).



You will get more information on this medicine from the package insert that the doctor or nurse should give you.

The insert is also available on the European Medicines Agency website: **qrco.de/imva**

Mpox resources

You can download resources at: **qrco.de/mpxinfo**

This large print leaflet and a standard version is also available in Braille, audio, easy read, BSL and translated into a number of community languages.

The leaflet can be ordered or downloaded from:
www.healthpublications.gov.uk, by calling:
0300 123 1002 or by textphone: **0300 123 1003**
(lines are open 8am to 6pm Monday to Friday).

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Product code 2024MPILP January 2025 (APS)

UK Health Security Agency gateway number: 20241035