



UK Health  
Security  
Agency



# Meningitis and septicaemia



**Severe  
headache**

**Dislike of  
bright light**



**Stiff neck**

**Confusion and/  
or irritability**



**Rapid  
breathing**

**Vomiting/  
diarrhoea**



**Seizures/  
fits**

**Stomach  
cramps**



**High  
temperature**

**Rash/  
bruising rash**



**Drowsy or  
difficult to wake**

**Pale blotchy  
skin**



**Cold hands  
and feet**

**Joint or  
muscle pain**



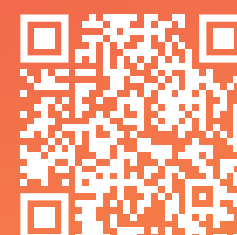
**Meningitis can  
kill in hours**

These are just some of the warning signs. If you are worried for yourself or someone else get medical help immediately. Call NHS 111.

## Find out more:

**Find out about the  
MenACWY vaccine**

[www.nhs.uk/conditions/vaccinations/men-acwy-vaccine/](http://www.nhs.uk/conditions/vaccinations/men-acwy-vaccine/)



**Signs and symptoms  
of meningitis  
and septicaemia**

[www.nhs.uk/conditions/meningitis/symptoms/](http://www.nhs.uk/conditions/meningitis/symptoms/)

