



UK Health
Security
Agency



Sɛdɛɛ wɔbɛbɔ wɔ ba ho ban afiri **RSV** ho

Akwaa a ɛfa Respiratory
Syncytial Virus (RSV) aduro
ɛma mmaa apemfoɔ



Mmaa apemfoɔ nsa beka aduro no bi a wɔnntua hwee berɛ a ɔnyem,
sɛdɛɛ ɛbɛbɔ ne ba no ho ban afiri Respiratory Syncytial Virus (RSV) ho.

Aden nti na ese se woba wo ba no ho ban firi RSV ho?

Respiratory syncytial virus anaase RSV ye yaree a enye nna a ebetumi akofa ahrawa mu yaree a yefre no bronchiolitis aba. Mmofra nkumaa a wonya saa yaree wei no, eye den se wobehome na woadidi. Wobetumi asoso weinom bebre so wo fie nanso mmofra beye 20,000 na wogyee won to ayaresabea wo England esiane bronchiolitis nti. Mmofra a wonya bronchiolitis a ano ye den no behia ohwe a emu ye den na yeree no betumi aye hu. RSV betumi aye den wo mmofra nkumaa mu, won a won bere anso a wowoo won, ne won a won yaree no betumi aka won koma,homee anaase imiiu sistem. RSV yaree no betumi aba abere biara wo afe no mu nanso winta mu pa ara na eko soro.

Kwan ben so na RSV etre?

RSV ye yaree etumi tre pa ara, ne titire wo mmofra mu, denam ewabo ne nwansini so. Nneema nketenkete te se nsa hohoro ne nsa yede kata ano ne hwene bere a worenwasini, eye den se wobetui asi yaree no tre a ebetumi atre wo abusua mu no ano. Okwan papa a wobetumi abo wo ba ho ban afiri RSV yaree ho ne se wobefa aduro no bere a wonyem.

Sen na RSV aduro no si ye adwuma fa?

Aduro no ma wo imiiu sistem no nya ahoooden pii de ye nneema a etumi kotia (antibodisi) yaremmowa no. Saa antibodisi no fa awodee no mu boa bo abofra no ho ban firi eba yebawo no. RSV aduro no boa te hu a bronchiolitis eye no so 70% wo abosome 6 a edi kan mu no. Saa bere yi akyi no sedee woba no nya RSV a ebetumi aye hu no eso te kakra. Mmofra mpanimfo ne mpanimfo mnso betumi anya RSV yaree no bi, nanso yaree no ano ye den wo mmofra nkumaa ne nnipa a wonya mfee 75 ne akyi mu.

Bere ben na ese se me nsa aka aduro no?

Ese se wo nsa eka wo nnawotwe 28 wo antenetaa nsrahwe bere no mu. Saa wontee hwee saa bere yi a, wo ne asoe ehwe mmaa apemfo 'mateniti' anaase GP praktese nni nkitaho na moonye ho nhyehyeee. Aduro no a wo nsa beka no saa nnawotwe 28 no mu anaase nnawotwe kakra wo wei mu no beboa woatumi anya anibodisi na wode bi nso ama wo ba no ansa na woawo no. Wei beama woba wo ba no ahobanmmo mapa, a dee eka ho bi ye se wobewo no ntem mpo no.

Wobetumi afa aduro no akyire wo nyinsen bere no mu nanso entumi nnye adwuma yie saa. Se entumi nnye yie se wobefa aduro no ntem a, wo nsa betumi aka kosi bere a wobewo abofra no. Se wo nsa ka no nyinsen bere no mu akyire yi, ebetumi ako so ara abo wo ho ban afiri yaree no ho na ate sae a yaree no betumi asae abofra foforo no so.

Menya cho nsunsuansoo?

Wobetumi anya ekuro,baabi a wowoo ho panee no beye koo anaase behono da baako anaase nna mmienue wo panneewo no akyi. Wo ti betumi apae wo anaas aposo yea a bedi da 1 anaase nnafua 2.

Mpanimfo mu no, neevos sistem yaree ekofa mpommmre ba yefre no Guillain-Barré syndrome na amanneebo kyere se **ntaa nsi koraa** wo panneewo akyi. Yaree a etete saa tumi si wo yaree ahodo ne nnuro ahodo mu nanso se yede biribi toto ho a eye se wowbewo aduro no sene se wobanya RSV yaree no na ano aye den. Yaree no ntaa nye won a wonyiniie na adanse biara nni ho a ekyere se RSV aduro no ma nya a mmaa apemfo betumi anya Guillain-Barré yaree no bi no ye kesee.

RSV aduro no a mewo wo nyinsɛn berɛ mu no yɛ ma mɛ ba no?

Wɔasua aduro no ho adeɛ wo klenekaa nsrahwɛ wo mmaa 4,000 na yɛdɛ ama mmaa mpempɛm bebrɛ wo ɔman mu no dwumadie mu. Wo USA no, wɔdɛ ama mmaa bɛboro 300,000, na ɛda adi sɛ ɛbo ban yie. Wo klenekaa schwɛ no mu no, wo paneɛwo no mu bosome akyi no, mmɔfra a wɔn berɛ anso a wɔwoo wɔn no kɔɔ soro kara wo aduro kuo no mu (2.1%) sene kuo a wɔamma wɔn aduro no bi (1.9%). Nsonsonoeɛ no betumi ayɛ sɛ ɛbetumi ayɛ sɛ ɛyɛ akwannya. UK, Europe ne USA aduro ho mpanimfoɔ agyɛ aduro no atom sɛ ɛbebo ban, na ɛyɛ papa na banmmɔ wom.

Aduro no a wobɛwo no kyɛrɛ sɛ wonnya RSV?

Aduro no ada no adi sɛ ɛtumi tɛ amane a w'abɔfra no betumi ahu wo RSV yareɛ no mu. Tɛ sɛ nnuro nyinaa no, aduro biara nni ho a ɛyɛ adwuma kɔsi na mmɔfra bebrɛ besane anya RSV yareɛ no bi ɛmfa ho sɛ maame no bɛwo paneɛ. Nanso, mmɔfra bebrɛ no a wɔn maame awo paneɛ no, ɛsɛ sɛ RSV yareɛ no ano nnyɛ den.

Wobetumi akenkan ɔyɛfoɔ ho nsɛm krataawa ɛma RSV aduro a yɛfrɛ no Abrysvo wo ha: www.medicines.org.uk/emc/product/15309/pil

Na sɛ ɛbetumi aha abɔfra no ɛ?

Mmɔfra no bi betumi anya RSV a ɛyɛ hu, tɛ sɛ wɔn a wɔn berɛ anso a wɔwoo wɔn, wɔn a wɔwo koma yareɛ kɛsɛɛ anaasɛ wɔn a wɔn imiiu sistem no ahɔɔden wo fam no yɛbetumi awo wɔn anibodi paneɛ Saa paneɛ wei de banmmɔ bɛka anitibodis biara wɔn nsa betumi aka afiri wɔn maame ho no ho.

Ɛsɛ sɛ mewo RSV paneɛwo nyinsɛn biara mu?

Aane, ɛsɛ sɛ wowo bi wo nyinsɛn biara mu na aboa ama wo ba foforo banmmɔ a edi mu.

Mɛtumi afa mɛ nnuruo a mɛfa no nyinsɛn berɛ mu berɛ kɔ no ara a mɛfa RSV adur no?

Ɛho hia sɛ wofa wo nnduro no wo berɛ ano wo berɛ a woanyinsɛn:

- ɛwa aduro a wɔtaa de ma wo ntɛm wo nyinsɛm (bɛyɛ nyinsɛn sekan no mfimfini, mpɛm pii nnawɔtwɛ 20)
- ɛsɛ sɛ wo nsa ka wo RSV aduro no berɛ a woadi nnawɔtwɛ 28
- Papu aduro no wobɛtumi afa wo nyinsɛn berɛ no mu abɛrɛ biara. Ɛsɛ sɛ wo fa no ntɛm so berɛ a wo na bɛso so no

Sɛ wɔfrɛ sɛ bɛwo wo RSV aduro no, na sɛ wo nnya mfaa wo wa aduro no anaasɛ papu nnuro no, ɛnnɛɛ ɛsɛ sɛ wofa nɛ nyinaa abɛrɛ no ara no mu.

Ɛhɛ na mɛtumi anya ɛho nsɛm pii?

Wobetumi nɛ wo midwife anaa GP praktɛsɛ adi nkitaho na wobɛtumi akenkan saa krataa wei ho nsɛm wo ɔnlaan so wo ha:

www.gov.uk/government/publications/respiratory-syncytial-virus-rsv-maternal-vaccination

www.nhs.uk/pregnancy/keeping-well/vaccinations

Sɛ wopɛ nnuro no ho nsɛm pii a wɔdɛ bɛma wo berɛ woanyinsɛn no a wobɛhunu no wo:

www.gov.uk/government/publications/pregnancy-how-to-help-protect-you-and-your-baby

Me ba no betumi anya RSV bronchiolitis?

RSV bronchiolitis no nsenkyerenne no bi ne:

- hwenem nsuo anaase emu asie
- home a phome a obre, home ntentem anaase dede (nwasini)
- didi a credidi a obre wo ho
- ewa
- Fiva
- ahoyera anaase basaaye
- Bere anaase mmerɛye

RSV betumi akɔfa yareɛ foforo a ewo wo mma nketewa mu aba te se baaken wa (croup) ne aso no mu a wobete yea (otitis miidia)



Wobetumi abo
ɛho nsunsuansoo
no ho amannee
wo Yellow Card
websaet no
anaase denam frɛ

a wobɛfrɛ foon a wontua hwee no
so wo 0800 731 6789 (anaɔpa nnɔn
9 kɔsi to anwwummere 5 Dwoada
kɔsi Fiada)

www.mhra.gov.uk/yellowcard

Hwehwe GP nyehyɛɛ a ɛgye ntɛmpɛ anaase frɛ 111 sɛ:

- Ka bere wo ba no anya koodu na ano reye den
- Ka bere a wo ma no nnidi anaase nni yie te se kane no
- Se wo ba no ho ye wesee nnɔnhwere 12 anaase deɛ ɛboro saa, anaase nsenkyerenne a ɛkyere se ne ho nsuo nyina awe
- Wo ba no nnii abosome 3 na se ne ho hyee no ye 38°C, anaase ɔboro abosome 3 na se ne ho hyee no ye 39°C anaase ɛboro saa a

Frɛ 999 anaase ko A&E sɛ:

Se wo ba no ho mfa no koraa,
fa w'atempa ye adwuma. Ɛse se
wotu anammɔn:

- Se wo ba no rebre wo home ho – wo bebunu se ne koko reye dede anaase n'afu ahye annase ne mfe ayere
- Wei nom gyina bere a wo ba no home
- Wo ba no honam, ketrema anaase ano ye bluu
- Wo ba no ye basaa na ɔnsore anaase nna

