



UK Health
Security
Agency

NHS **CARE**



Akwankyerε εma spring 2025 ntoabo COVID-19 Imunasehyin dwumadie

Nnipa a wɔadi bro mfee 75 ne akyi a wɔwɔ afie a wɔhwε nkorɔfoɔ wɔanyininyini wom, wɔn a wɔadi abosome 6 ne akyi a wɔn imiiu sistem no ahɔɔden wɔ fam no yεbεma wɔn coronavirus (COVID-19) aduro no bi spring wei.

Hwan na wɔbεwɔ panee no bi spring wei mu?

COVID-19 ano yε den wɔ nnipa a wɔanyininyini ne nnipa a wɔwɔ yareε pɔtee bi. Esiane weinom nti, nnipa a wɔadi bro mfee 75 ne akyi a wɔwɔ afie a wɔhwε nkorɔfoɔ a wɔanyininyini wom, wɔn a wɔadi abosome 6 ne akyi a wɔka klenikaa risk kuo ne apomuden ne nipayiedie adwumayεfoɔ na wɔbεwɔ awɔ spring coronavirus (COVID-19) panee no bi.

Bere a wɔde bεwɔ spring panee no

Wo nsa betumi aka apɔintmente wɔ Oforisuo ne Ayεwohunumumɔ mu na εyε wɔn a εyε wɔn a εbeka wɔn pa ara no na yεbεfre wɔn kane. Yεbeto nsa afre wo ama wɔabεwɔ wo busta no wɔ abosome bεye 6 ntam wɔ dee etwa too no ntam, nanso wo nsa betumi aka no bεye ntεm so, bεye abosome 3 mu.

Sε woreye adi mfee 75 wɔ Oforisuo ne Ayεwohunumumɔ mu a, εnse sε wɔtwen kɔsi w'awoda, sε yεfre wo sε bεwɔ wo panee no a wɔbetumi akɔwɔ.

Paneeɛ beɛn na woɔde beɛwo wo?

Yɛbeɛma wo busta aduro a eyɛ Pfizer anaase Moderna a woagye atom wo UK. Yɛaye saa nnuro yi mu nsesaee wo deɛ edii kan baaee no ho na eɔde COVID-19 foforo na asi n'ani so. Saa aduro yi mu nsesaee no bo ban yie, na ebo ban kotia COVID-19(Omicron) a ewo ho nansa yi no.

Yɛnnntumi nkyere COVID-19 koro a ebeba saa spring ne samma wei, Joint Committee on Vaccination and Immunisation (JCVI) ada no adi se aduro a woɔde dii dwuma wo nnawotwe a etwa too wo otum 2024 mu no yɛntumi mfa nni dwuma.

Yɛsrɛ wo aduro a woɔde beɛma wo no ntɛm so ara – wo nsa beka aduro a eyɛ wo bere pa.



COVID-19: Akwankyerɛ ɛma spring ntoabo

Hwan na ɔnnntumi nwo spring aduro no

Nnipa kakraa bi na wonntumi mfa aduro no spring wei. Se wodii kan woɔ deɛ edi kan no ene wo ho annye a ene wo dokota nsusu wei ho.

ɛho nsunsuansoo

ɛho nsunsuansoo a ɛho nnye nna:

Te se kane aduro no, COVID-19 nnuro nyinaa ho nsunsuansoo ye pe, deɛ eka ho ye nnuro a yede beɛdi dwuma wo spring wei mu a deɛ eka ho bi ye:†

- Beɛte yea,beɛte yea wo wo nsa wɔwɔ wo panee no – na wei ye keɛseɛ pa ara wo eɔa 1 kɔsi nnafua 2 wo panee no akyi
- te bre nka
- tipaee
- honam yea anaase papu atenka ho nsenkyerɛnne

Wobetumi agye w'ahome na wafa parasetamoo (di akwanlyere ewo adaka no mu no) na aboa wo ama wo ho ato wo.

Se wofa aduro no ɛho nsunsuansoo no nni mmoro nnawotwe. Se ɛho nsunsuansoo no reye aye keɛseɛ anaase eha wo a, wobetumi afre NHS 111 anaase se eyɛ teɛse/foon a 18001 111.

Wobetumi nso afa Yellow Card scheme no nso abo ɛho nsunsuansoo no ho amannee. Yɛsrɛ hwe nkitahodie kwan a ewo krataa wei akyi no.

Ɛho nsunsuansoo a eye hu: Nsem a efa koma aye kɛsɛ ho (a yɛfrɛ no myocarditis anaasɛ pericarditis) a wontaa mmo ho amanneɛ wo Pfizer ne Moderna COVID-19 paneɛwo akyi. Yeahunu saa nsem yi wo mmarima a wonnyiniɛ pii mu ɛwo paneɛwo no nnafua pii akyi. Nnipa a ɛka won no ho to won ntɛm wo ahomegyɛ ne ayaresa kakra akyi. Ɛsɛ sɛ woko pɛ ayaresa ntɛm so ara, wo paneɛwo no akyi, sɛ wote nka:

- Koko yea
- home a ɛnsisi so
- Wote nka sɛ wohome ntɛntɛm, koma a ɛbo ntɛntɛm anaasɛ koma a ɛbo

Sɛ wodii kan woo bi no ɛne wo ho annye a, yɛbetumi ama wo afutuo sɛ nnwo bio anaasɛ twɛntwɛn paneɛwo no so. Wone wo dokota anaasɛ nimdefoɔ no nsusu wei ho. Hwɛ krataa no akyi na wobɛhunu sɛdɛ wobɛbo ɛho nsunsuansoo no ho amanneɛ.

Sɛ ɛda a wobɛka w'apɔintmentɛ no sɛ wonte apɔ deɛ na wobɛtumi aye?

Sɛ wonte apɔ a, twɛn kɔsi sɛ wo bɛto wo ansa na woawo wo paneɛ no. Sɛ woanya fiva na ɛbetumi asae afoforo a ɛnsɛ sɛ woko w'apɔintment no



Sɛ wowo aduro no a wobɛtumi anya COVID-19?

COVID-19 aduro no a wobɛwo no betumi anya sɛ wonya COVID-19 yareɛ no bi a ɛbetumi aka wo kɛsɛ no so wo saa spring ne samma wei mu. Ɛbedi nnafua pii ansa na wo nipadua no atumi anya ahoɔden afiri aduro no mu. Te sɛ nnuro nyinaa no, aduro biara nni ho a eye adwuma pɛpɛpɛ. Ebinom betumi anya COVID-19 no mpo a wowo paneɛ no a, nanso yareɛ no ano ntumi nnye kɛsɛ pii.

Sɛ wonnya nwɔ wo mpaneɛ no nyinaa a

Sɛ wosɛ fata na wonwɔ aduro no bi pɛn anaasɛ woamfa dɛɛ edi kan no a, wobɛwo baako wo saa spring wei mu. Nipa bebreɛ no ara nhia doosu no bi ka ho wo dɛɛ wɔahwere no anan mu. Sɛ wo imiiu sistem no wo fam a wo dokota no bɛka akyɛɛ wo sɛ sɛ wo doosu a ɛto so mmiɛnsa wo abosome mmiɛnsa akyi wo berɛ a wɔawo sprig paneɛ no.

Ɛsɛ sɛ metwɛn wo me paneɛwo no akyi?

Sɛ wo ho mpe biribi, anaasɛ sɛ wowo bi no ɛne wo ho annye a, wobɛka akyɛɛ wo ama woatwɛn simma 15 wo paneɛwo no akyi. Yɛsrɛ hwɛ sɛ wobɛka akyɛɛ dɛɛ wo paneɛ no.

Ɛho nsem a ɛka ho

Wobetumi akan COVID-19 ho akwankyerɛ a edi soɔ yi na woahunu ho nsem pii

Kɔ **Coronavirus aduro** wɔ NHS.UK.

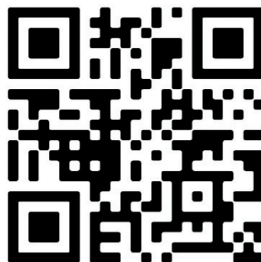
Nsem a ɛwɔ krataawa a ɛfa **deɛ ɛsɛ sɛ wohwɛ kwan wɔ berɛ a woawɔ panɛɛ** no bi wɔ ho a wobetumi atwe bi anaase akra bi.

Kenkan biribi fa Pfizer aduro ɛma mpanimfoɔ no ho **mpanimfoɔ ne nnipa wɔnninyinii a wɔadi mfeɛ 12** ne akyi ɛma **mmɔfra a wɔadi mfeɛ 5 kɔsi 11** ne **mmɔfra a wɔadi abosome 6 kɔsi mfeɛ mfeɛ 4 ne Moderna aduro** ɛma mpanimfoɔ no wobɛhunu aduro no ho nsem pii, a deɛ ɛka ho bi yɛ ɛho nsunsuansoɔ.

Yɛbetumi ato nsa afɛ wo ama woabɛwɔ wo busta, wo GP no bɛma wo aduro no anaase wobetumi atwe **NHS app** no bi.



Anaase wobetumi akɔ **www.nhs.uk/vaccine-walk-in** beaɛ a ɔwɔ panɛɛ a ɛbɛn wo.



Wobetumi abɔ ɛho nsunsuansoɔ no ho amanneɛ wɔ Yellow Card website anaase berɛ a worefrɛ 0800 731 6789 (anɔpa nnɔn 9 kɔsi annuwmmɛrɛ nnɔn 5 Dwoada kɔsi Fiada) anaase dena twe a wobɛtwe Yellow Card app no

www.mhra.gov.uk/yellowcard



© Crown copyright 2025. 1p 750k MAR 2025 (APS) Product code: C25SP2TW Twi. UK Health Security Agency gateway number 20241119. The leaflet can be ordered using the above product code, or downloaded from: **www.healthpublications.gov.uk**, by calling: 0300 123 1002 (lines are open 8am to 6pm Monday to Friday).

There are also translated versions of this leaflet in Albanian, Arabic, Bengali, Bulgarian, Chinese (simplified), Chinese (traditional, Cantonese), Estonian, Farsi, French, Greek, Gujarati, Hindi, Italian, Latvian, Lithuanian, Pashto, Polish, Portuguese, Punjabi, Romanian, Romany, Russian, Somali, Spanish, Tagalog, Tetum, Tigrinya, Turkish, Twi, Ukrainian, Urdu, Yiddish and Yoruba. You can also download an audio version and BSL video, and order a braille and large print copy.