



UK Health
Security
Agency

NHS

CARE



Akwankyerɛ ɛma spring 2025 ntoabɔ COVID-19 Imunasehyin dwumadie

Nnipa a wɔadi bro mfeɛ 75 ne akyi a wɔwɔ afie a wɔhwɛ nkorɔfoɔ wɔanyininyini wom, wɔn a wɔadi abosome 6 ne akyi a wɔn imiiu sistɛm no ahoɔden wɔ fam no yɛbɛma wɔn coronavirus (COVID-19) aduro no bi spring wei.

Hwan na wɔbɛwɔ panɛɛ no bi spring wei mu?

COVID-19 ano yɛ den wɔ nnipa a wɔanyininyini ne nnipa a wɔwɔ yareɛ potɛɛ bi. Esiane weinom nti, nnipa a wɔadi bro mfeɛ 75 ne akyi a wɔwɔ afie a wɔhwɛ nkorɔfoɔ a wɔanyininyini wom, wɔn a wɔadi abosome 6 ne akyi a wɔka klenikaa risk kuo ne apomuden ne nipayiedie adwumayɛfoɔ na wɔbɛwɔ awo spring coronavirus (COVID-19) panɛɛ no bi.

Berɛ a wɔde bɛwɔ spring panɛɛ no

Wo nsa bɛtumi aka apɔintmɛntɛ wɔ Oforisuo ne Ayɛwohunumumɔ mu na ɛyɛ wɔn a ɛyɛ wɔn a ɛbɛka wɔn pa ara no na yɛbɛfrɛ wɔn kane. Yɛbɛto nsa afɛ wo ama wɔabɛwɔ wo busta no wɔ abosome bɛyɛ 6 ntam wɔ deɛ etwa too no ntam, nanso wo nsa bɛtumi aka no bɛyɛ ntɛm so, bɛyɛ abosome 3 mu.

Sɛ wɔrɛyɛ adi mfeɛ 75 wɔ Oforisuo ne Ayɛwohunumumɔ mu a, ɛnsɛ sɛ wɔtwen kɔsi w'awoda, sɛ yɛfrɛ wo sɛ bɛwɔ wo panɛɛ no a wɔbɛtumi akwɔ.

Panee ben na wode bewo wo?

Yebema wo busta aduro a eyɛ Pfizer anaase Moderna a wɔagye atom wo UK. Yɛaye saa nnuro yi mu nsesaɛ wo deɛ edii kan baaɛ no ho na ɛde COVID-19 foforo na asi n'ani so. Saa aduro yi mu nsesaɛ no bo ban yie, na ɛbo ban kotia COVID-19(Omicron) a ewo ho nansa yi no.

Yɛnntumi nkyere COVID-19 koro a ɛbɛba saa spring ne samma wei, Joint Committee on Vaccination and Immunisation (JCVI) ada no adi sɛ aduro a wode dii dwuma wo nnawotwe a etwa too wo otum 2024 mu no yɛntumi mfa nni dwuma.

Yɛsrɛ wo aduro a wode bɛma wo no ntɛm so ara – wo nsa bɛka aduro a eyɛ wo berɛ pa.



Hwan na ɔnntumi nwo spring aduro no

Nnipa kakraa bi na wɔnntumi mfa aduro no spring wei. Sɛ wodii kan wɔɔ deɛ edi kan no ɛne wo ho annye a ɛne wo ɔɔkota nsusu wei ho.

ɛho nsunsuansoo

ɛho nsunsuansoo a ɛho nnye nna:

Te sɛ kane aduro no, COVID-19 nnuro nyinaa ho nsunsuansoo yɛ pɛ, deɛ ɛka ho yɛ nnuro a yɛde bɛdi dwuma wo spring wei mu a deɛ ɛka ho bi yɛ:

- Bɛte yea, bɛte yea wo wo nsa wɔwɔɔ wo panɛ no – na wei yɛ kɛsɛɛ pa ara wo ɛda 1 kɔsi nnafua 2 wo panɛ no akyi
- te brɛ nka
- tipaɛɛ
- honam yea anaase papu atenka ho nsenkyerenne

Wobetumi agye w'ahome na wafa parasetamoo (di akwanlyere ewo adaka no mu no) na aboa wo ama wo ho ato wo.

Sɛ wofa aduro no ɛho nsunsuansoo no nni mmoro nnawotwe. Sɛ ɛho nsunsuansoo no reye aye kɛsɛɛ anaase ɛha wo a, wobetumi afre NHS 111 anaase sɛ eyɛ tɛɛse/foon a 18001 111.

Wobetumi nso afa Yellow Card scheme no nso abɔ ɛho nsunsuansoo no ho amanɛɛ. Yɛsrɛ hwe nkitahodie kwan a ewo krataa wei akyi no.

Ɛho nsunsuansoo a ɛye hu: Nsem a ɛfa koma aye kɛsɛ ho (a yɛfrɛ no myocarditis anaasɛ pericarditis) a wontaa mmo ho amanneɛ wo Pfizer ne Moderna COVID-19 paneɛwo akyi. Yɛahunu saa nsem yi wo mmarima a wonnyniɛ pii mu ɛwo paneɛwo no nnafua pii akyi. Nnipa a ɛka won no ho to won ntɛm wo ahomegyɛɛ ne ayaresa kakra akyi. Ɛsɛ sɛ woko pɛ ayaresa ntɛm so ara, wo paneɛwo no akyi, sɛ wote nka:

- Koko yea
- home a ɛnsisi so
- Wote nka sɛ wohome ntɛntɛm,koma a ɛbo ntɛntɛm anaasɛ koma a ɛbo

Sɛ wodii kan woo bi no ɛne wo ho annye a, yɛbetumi ama wo afutuo sɛ nnwo bio anaasɛ twɛntwɛn paneɛwo no so. Wone wo dokota anaasɛ nimdefoo no nsusu wei ho. Hwɛ krataa no akyi na wobɛhunu sɛdɛɛ wobɛbo ɛho nsunsuansoo no ho amanneɛ.

Sɛ ɛda a wobɛka w'apɔintmɛntɛ no sɛ wonte apɔ deɛ na wobɛtumi ayɛ?

Sɛ wonte apɔ a, twɛn kɔsi sɛ wo bɛto wo ansa na woawo wo panɛ no. Sɛ woanya fiva na ɛbetumi asae afɔforɔ a ɛnsɛ sɛ woko w'apɔintmɛnt no



Sɛ wowo aduro no a wobɛtumi anya COVID-19?

COVID-19 aduro no a wobɛwo no betumi anya sɛ wonya COVID-19 yareɛ no bi a ɛbetumi aka wo kɛsɛ no so wo saa spring ne samma wei mu. Ɛbɛdi nnafua pii ansa na wo nipadua no atumi anya ahooɔden afiri aduro no mu. Te sɛ nnuro nyinaa no, aduro biara nni ho a ɛye adwuma pɛpɛɛpɛ. Ebinom betumi anya COVID-19 no mpo a woo paneɛ no a,nanso yareɛ no ano ntumi nnye kɛsɛ pii.

Sɛ wonnya nwoo wo mpanɛɛ no nyinaa a

Sɛ wosɛ fata na wonwoo aduro no bi pɛn anaasɛ woamfa deɛ edi kan no a, wobɛwo baako wo saa spring wei mu. Nipa bebreɛ no ara nhia doosu no bi ka ho wo deɛ wɔahwere no anan mu. Sɛ wo imiiu sistem no wo fam a wo dokota no bɛka akyɛɛ wo sɛ sɛ wo doosu a ɛto so mmiensa wo abosome mmiensa akyi wo berɛ a wɔawo sprig panɛ no.

Ɛsɛ sɛ metwɛn wo mɛ paneɛwo no akyi?

Sɛ wo ho mpe biribi, anaasɛ sɛ wowoo bi no ɛne wo ho annye a, wobɛka akyɛɛ wo ama woatwɛn simma 15 wo paneɛwo no akyi. Yɛsrɛ hwɛ sɛ wobɛka akyɛɛ deɛ owo panɛ no.

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Wobetumi akan COVID-19 ᓂᓂᓂ
akwankyerε a edi soᓂ yi na woahunu
ᓂᓂᓂ pii

Kᓂ **Coronavirus aduro** wᓂ NHS.UKᓂ

Nᓂᓂᓂ ᓂᓂᓂ krataawa ᓂᓂᓂ **ᓂᓂᓂ ᓂᓂᓂ
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Kenkan biribi fa Pfizer aduro ᓂᓂᓂ
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Moderna aduro** ᓂᓂᓂ mpanimfoᓂ ᓂᓂᓂ
wobεhunu aduro ᓂᓂᓂ ᓂᓂᓂ pii, ᓂᓂᓂ ᓂᓂᓂ
ᓂᓂᓂ ᓂᓂᓂ ye ᓂᓂᓂ nsunsuansoᓂ.

Yεbetumi ᓂᓂᓂ nsa afre wᓂ ᓂᓂᓂ
woabεwᓂ wᓂ busta, wᓂ GP ᓂᓂᓂ ᓂᓂᓂᓂ
wᓂ aduro ᓂᓂᓂᓂ wobεtumi ᓂᓂᓂᓂ
NHS app ᓂᓂᓂ.



Anaᓂᓂ wobεtumi ᓂᓂᓂ **www.nhs.uk/
vaccine-walk-in** beaεε ᓂᓂᓂ paneε ᓂᓂᓂ
εben wᓂ.



Wobetumi ᓂᓂᓂ ᓂᓂᓂ nsunsuansoᓂ
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website ᓂᓂᓂᓂᓂ berε ᓂᓂᓂ wᓂᓂᓂᓂ
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Yellow Card app ᓂᓂ

www.mhra.gov.uk/yellowcard



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