



Public Health  
England



There's a **vaccine to help**  
protect you from the pain of

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# shingles

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# Aged 70 years

Plus anyone in their 70s who has not yet had the vaccine up to 79 years of age.

## Protect yourself from the pain of shingles

Name

Time

Address

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Public Health  
England

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Helping to protect everyone, at every age

**NHS**